



SAN GABRIEL VALLEY PERINATAL MEDICAL GROUP, INC

Welcome New Patient!

Your Physician has referred you for an office visit with a specialist at the Perinatal Center. Please read the following instructions regarding your appointment.

1. Please bring a picture ID and your insurance card to your appointment.
2. There is no fasting required and no need to drink water prior to the ultrasound.
3. You may bring 2 other adults to the appointment. Because childhood infections can cause serious illness in pregnant women or their unborn child there are absolutely no children allowed under the age of 14 years old Please plan your child care in advance.
4. Although our ultrasound equipment does capture 3D images, it is not a guarantee that you will get one. It often depends on the position of the baby.
5. We understand that the majority of the patients are anxious to know the gender of the baby. However, our main priority is to examine your baby, make sure that it is fully developed, and also to address any concerns that your doctor has identified or the Perinatologist may find. If we are able to see the gender you will be informed, if this is what you desire. Gender can typically be seen after the 18th week of your pregnancy.
6. If you are diabetic, please bring copies of your blood sugars to all your visits.
7. There is no eating or drinking in our office.
8. Our office does their best to respect each patients appointment time but due to unexpected findings we can run late. If an abnormality is discovered with your pregnancy, you can be sure that the doctor will take all the time necessary to explain all the findings and to make sure all of your questions are answered.
9. If you are running late, need to reschedule or cancel your appointment please call our office.
10. Please allow yourself time to find parking.
11. If you are being referred for a First Trimester Screening or a Fetal Echocardiogram, you will be seeing an ultrasound technician. He or She will perform your ultrasound but will not be able to answer any questions. If you have any questions or concerns please address them with your obstetrician or ask your obstetrician for a referral to our Perinatologist.

With your signature below you are stating that you have read and understand our office policy prior to your appointment.

Thank You